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| SPECIAL ISSUE |

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# THE FUTURE OF ANTI-AGING

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AFTER



Living Proof Neotensil was applied to the under-eye area to compress and condense under-eye bags.



## THE BEST UNDER-EYE BAG ERASER

**Living Proof Neotensil, Starting at \$500, available at select dermatologist's offices**

**What it is:** A two-step under-eye bag reducer (it's only available through your dermatologist or plastic surgeon) that works on contact to temporarily flatten out puffiness and lighten discoloration under the eyes until you remove the film it forms from your skin. Because of the way it's formulated, the film pushes anything in its way that's not flat and smooth—wrinkles, bags and loose skin—flat. It evens out bags, puffiness and loose skin, which create dark circles due to how light is reflected, to eliminate them plus shadows.

**How to use it:** Totally invisible, Neotensil utilizes an MIT-developed wearable and breathable polymer film known as Strateris to smooth under-eye bags and tighten loose skin. Once you apply the first step, The Reshaping Base, layer the second step, The Activating Layer, over it—both steps are applied using the Reshaping Tool, which helps the product go on smooth and evenly. The results last for up to 16 hours and are so good that no makeup or concealer is necessary (plus, the product isn't compatible with regular under-eye makeup). Our advice: Apply the product at least one hour before you want it to take effect since it can take that long for it to start working. The only downside: its Cinderella effect. As soon as you remove it, your bags return until you treat them with the product again.

**Why it's a breakthrough:** Think of this like Spanx for your under eyes—it flattens everything out (while simultaneously hydrating the area) so that your skin sits where it should. Until now, there hasn't been anything topical that works quite like Neotensil does, and it truly rivals the results of surgery, albeit short lived. "Neotensil is an effective product in addressing the dreaded, tired-looking under-eye bags without the use of anything invasive," says Delray Beach, FL, dermatologist Dr. Janet Allenby.

"Think of Neotensil like Spanx for your under eyes—they flatten everything out."

"This is a great product to motivate acne patients to treat their skin."



## THE BEST ACNE FIGHTER

**Illumask, \$30, target.com**

**What it is:** While this mask may look more like something out of a horror movie than a skin-care solution, it's actually a daily treatment mask that helps heal acne and prevent new breakouts. "Blue and red light therapy has been used by dermatologists for years to reduce acne-related inflammation and bacterial overgrowth," says Los Angeles dermatologist Annie Chiu, MD. These masks use that same technology for clearer skin fast.

**How to use it:** There's virtually no effort required here. Simply slide the mask (there's an attached pair of protective eyeglasses inside) over your face, power it up via the remote and let it work its magic for 15 minutes. Once the self-timed session is done remove the mask—stick to it every day, like the directions say, and your skin will improve.

**Why it's a breakthrough:** "Numerous companies have come up with light treatments that use less powerful red and blue light sources that are safe for home use. This one has actually received FDA-clearance for its anti-acne claims," says Dr. Chiu. Light-based anti-acne devices have existed for years, but none have ever been hands-free—a huge plus. "This product is helpful to motivate certain types of acne patients to treat their skin because it's easy to use and less messy than creams and topicals," Dr. Chiu adds.

## THE BEST ANTI-AGING ELIXIR

**Ascenta Skin, \$80, ascentaskin.com**

**What it is:** Different than your regular anti-aging products, which come in cream or serum form, this one is a liquid oral beauty supplement that targets signs of aging with a combination of antioxidants, vitamins and essential omega fatty acids, at the deepest level possible.

**How to use it:** Take one teaspoon of the grapefruit tangerine-tasting oil daily (one teaspoon contains 40 calories).

**Why it's a breakthrough:** Besides the fact that Ascenta Skin claims to flood the skin with anti-agers like GLA, lutein, zeaxanthin and vitamin D to increase elasticity, firmness and even out skin tone and texture, it does even more: It also increases hydration levels and acts as a sun-damage defender. "Treating skin from an internal and external approach has received increased support scientifically in the last few years," says Dr. Chiu. "This product is high in omega fatty acids, which increases hydration, as well as anti-inflammatory effects. As with any oral supplement, it requires regular use over a period of time to see improvement."



BRIEFS  
 THE BEAUTY CHOICE AWARDS