

## Infini Microfocused Radiofrequency Laser Treatment

### Immediate Post-Treatment

- DO use ice packs sparingly to reduce swelling if needed in the first 24 hours.
- Expect mild redness, swelling, and possible bruising for 2-7 days.
- DO use post treatment healing creams as given to you.
- Your results would be optimized by encouraging collagen growth with homecare, all available at our clinic.
  - We recommend **Alastin Skin Nectar** +/- **Biafine** for the first 2 weeks
  - After two weeks, a **prescription retinoid + topical growth factors**
- DO shower as usual, using a gentle cleanser (Cetaphil, Cerave) on treated area for first 3 days.
- DO use sunscreen, apply 1 hour before going outside and reapply every 3-4 hours.
- DO feel comfortable to resume your usual makeup the next day.
- DO NOT use products with Retinols, Vitamin C, or any Hydroxy Acids for 3 days.

### Post-Treatment Results

- Days 1-7: Expect some redness, swelling, and possible bruising for usually 1-3 days, bruising sometimes up to a week.
- Days 5-10: Expect brighter skin tone and reduction in pore size and oiliness if the face was treated in 1-2 weeks.
- Day 30: Improvement of fine lines and skin laxity.
- Day 90: Continuous improvement of fine wrinkles, skin laxity, pore size, scars, and tightening.

### Follow-Up

2-4 sessions scheduled about 1 month apart may be necessary to achieve maximal improvement.

**We want you to have an outstanding result. If you have any questions or unexpected concerns, please call the office for assistance.**