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THE DERM INSTITUTE

## Vanquish Instructions

### Pre- Vanquish Instructions:

- DO wear comfortable clothing on the day of treatment so that treatment areas can be easily accessed
- DO remove all jewelry prior to treatment
- Stay WELL HYDRATED prior to your appointment. Ideally you would want to have consumed 6-8 glasses of water before treatment.
- DO notify treatment provider if you have any metal implants, or active implanted device.
- DO notify treatment provider if you are pregnant or nursing

### Post- Vanquish Instructions:

- After the treatment, DO light physical activity
- You may experience some redness, this may last for a few minutes, to an hour, or possibly longer
- Your skin may feel quite warm for up to a few hours after treatment
- You may feel tenderness in the treated area

**Schedule your next session as recommended by your physician. 4 once a week treatments are recommended.**

**We want you to have an outstanding result. If you have any questions or unexpected concerns, please call the office for assistance.**