

Pre and Post Cosmelan Depigmentation Instructions

Pre Cosmelan Depigmentation Treatment:

- **DO** avoid any chemical peel or laser procedures 14 days prior to treatment with Cosmelan.
- Refrain from waxing or the use of other depilatory products for 7 days prior to treatment.

Post Cosmelan Depigmentation Treatment:

- Always avoid sun exposure as much as possible.
- Do **NOT** get another treatment or procedure (including peels, facials, or microdermabrasion) on the treated area for 30 days following.
- While maintaining on Cosmelan 2, discontinue its use for 5 days prior to waxing, and do not restart treatment until 3 days after waxing. Threading can be done normally.

Day 1

- Wash off mask at designated time given by provider with gentle soap and water.
- Apply Hydravital Factor K cream to treatment area overnight.

Day 2

- Apply Hydravital Factor K cream.
- Then apply sunscreen during the day.

Day 3-30

- Start Cosmelan 2, apply in morning and evening.
- Apply Hydravital Factor K cream 15 minutes after Cosmelan 2.
- Apply sunscreen last (in the morning).
- Schedule your **1 month follow up treatment** to be done in office.

Month 2-6

- Apply Cosmelan 2 once a day in the evening.
- Apply Hydravital Factor K cream 15 minutes after Cosmelan 2.
- Apply sunscreen every morning.

We want you to have an outstanding result. If you have any questions or unexpected concerns, please call the office for assistance.