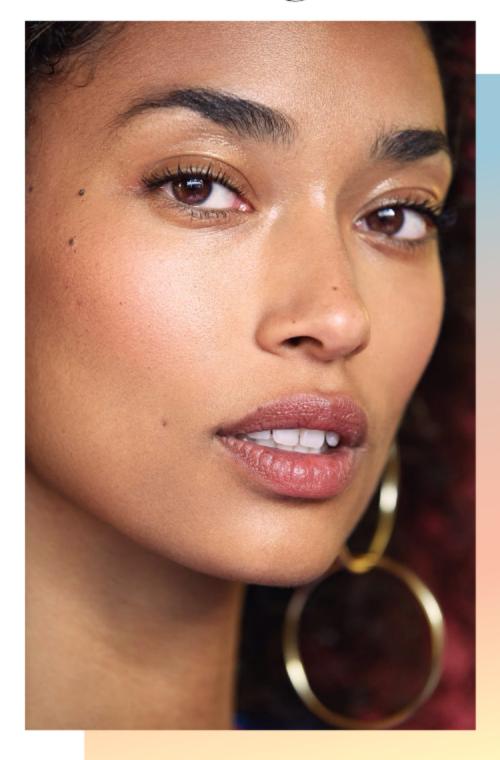
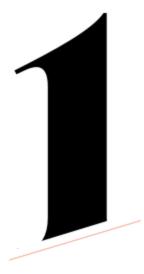
18 Genius Tips for Healthy, Glowing Skin





"Using your fingertips, massage a serum [try Neutrogena Hydro Boost Serum, \$20, at drugstores] or oil into your face before applying makeup. The stimulation can help get the blood moving to wake up your whole complexion."

-MOLLY R. STERN, MAKEUP ARTIST TO CARA DELEVINGNE

2. "When my complexion looks dull after a long flight or late night, I use the ZIIP device [\$495, ziip beauty.com], which delivers electric currents into the skin. Twelve minutes leaves my face luminous and much firmer."

-APRIL LONG, BEAUTY EDITOR

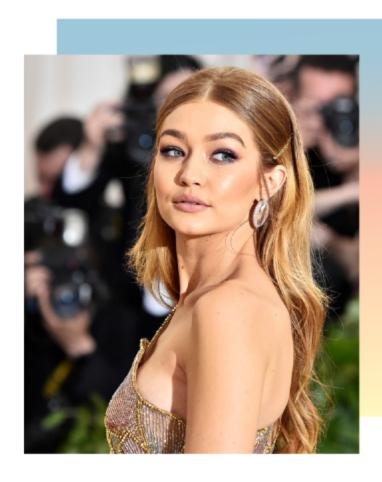
"Hanging my head upside down for three minutes a day is my long-term strategy for getting that lit-from-within glow."

-RENEE ROULEAU, AUSTIN-BASED AESTHETICIAN 4 "The Själ Kashmir Saphir Perfecting Mask [\$150, sjalskincare.com] is unreal! It's my jet lag antidote, or for when I want my skin to look as if I've had a facial when I haven't."

-RACHEL GOODWIN, MAKEUP ARTIST TO EMMA STONE

Mix a few drops of luminizer [try L'Oréal Paris True Match Lumi Glow Amour Glow Boosting Drops, \$15, ulta.com] with your moisturizer or foundation, then apply the mixture with a damp sponge. It will create an even, sheer layer of sheen that looks more natural than a highlighter."

-GITA BASS, MAKEUP ARTIST TO ELIZABETH OLSEN





"My Skin Fetish highlighter stick [\$72, patmcgrath.com] works amazingly as a body shimmer. The trick is to hunch your shoulders forward so your collarbones pop out; that's where you want it. Add powder on top for even more glow. It photographs beautifully!"

-PAT MMGRATH, MAKEUP ARTIST

7. "Use toner before serum or cream. Think of it as a glass of water for your skin. Serums and creams can penetrate deeper if the skin is hydrated."

-NACHICLICK, OWNER OF MIST BEAUTY

"Strengthening the skin barrier is key. To do that, use an overnight multitasking treatment like Thank You Farmer Back to Relax Soothing Gel Mask [\$38, sokoglam.com]."

-CHARLOTTE CHO, COFOUNDER OF SOKO GLAM

Apply five drops of vitamin C serum [like Avon Anew Vitamin C Brightening Serum, \$30, avon .com] underneath SPF each morning to target free radical damage, help lighten brown spots, and even out your skin tone."

-NATALIE SMYTH, BLOGGER AT ROAD TO GLOW

"Exfoliate at night with a glycolic acid peel like Cane + Austin Retexture Pad 10% Glycolic Facial Treatment [\$60, sephora.com]. It leaves your skin instantly smoother and brighter!"

—SHEREENE IDRISS, M.D., DERMATOLOGIST IN NYC

"When my face looks blah, I'll do sheet masks [try St. Ives Glowing Sheet Mask Apricot, \$2.50, at drugstores] for seven days straight. It has a compounding effect of hydrating and smoothing that delivers crazy glow by week's end."

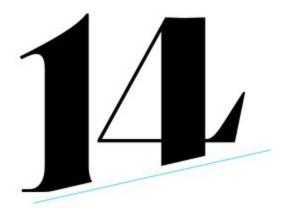
-MAUREEN CHOI, BEAUTY EDITOR

2 "Remove anything that causes 'background noise': little things that aren't too noticeable but when removed make skin look flawless. Blackheads are the perfect example. Bioré pore strips [\$16, ulta.com] are great for the dots on your nose or chin."

-HEATHER WOOLERY-LLOYD, M.D., DERMATOLO-GIST IN MIAMI

13. "Add an extra layer of glow by using a powder highlighter on top of a cream. I love the Maybelline FaceStudio Master Chrome Highlighter [\$10, at drugstores] because it's not glittery or chunky—it just gives the ultimate glimmer."

-ERIN PARSONS, MAKEUP ARTIST TO GIGI HADID



- "I like quarterly resurfacing with the Clear & Brilliant laser [\$300-\$1,000 per session]. If you're over 30, try a yearly Fraxel Dual [\$600-\$1,800], which is more powerful. Both fade sun-induced spots that make skin look dull."
 - -ROBERT ANOLIK, M.D., DERMATOLOGIST IN NYC
- "Massage a salt scrub all over the body with a Korean washcloth; it's coarser than a regular one. The combo sloughs off dead cells for the smoothest skin ever."
- -MYLAH MORALES, MAKEUP ARTIST TO RIHANNA

- *Before and after a flight, I run ice cubes over my face until they melt. My pores love this skin shocker."
- -THUYEN NGUYEN, FACIALIST TO CINDY CRAWFORD
- "A procedure like Aquagold Fine Touch [about \$600] combines microneedling with a hyaluronic acid filler injection to give you a dewy, hydrated appearance while stimulating new collagen production."
- -ANNIE CHIU, M.D., DERMATOLOGIST IN REDONDO BEACH, CALIFORNIA
- [®] "All hail bath salts. One soak with Herbivore Detox [\$18, sephora.com] and my skin is softer, more purified, and baby smooth."
- -LINDSAY SCHALLON, SENIOR BEAUTY EDITOR