



MARTHA STEWART

Living

Spring
Fun!

SWEET & SIMPLE
Martha's Secrets for
Cookie Decorating

80

WAYS TO LIVE
CLEANER AND
GREENER

Modern Menus
for Holidays
and Brunches

EXQUISITE
(YET EASY)
EASTER-EGG
IDEAS

APRIL 2019
\$4.99 USA (CAN \$5.99)
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GOOD LIVING BEAUTY

Natural Wonders

It's easy to love botanical-based beauty goods, with their subtle scents and simple ingredient lists. The challenging part is knowing which ones are truly effective. We asked experts for actives that are scientifically proven to soften lines, brighten dark spots, and calm flare-ups. Turn the page for their top picks.

TEXT BY APRIL LONG

ILLUSTRATIONS BY WENDY HOLLENDER

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The Quencher



TRY: Burt's Bees Skin Nourishment Night Cream, \$18, [burtsbees.com](https://www.burtsbees.com).

Royal jelly, the food that turns a honeybee larva into a queen, satiates all skin types. "Its unique makeup of proteins, fatty acids, and B vitamins like B6 and niacin is anti-inflammatory and antioxidant, and improves skin-barrier health," says Annie Chiu. For maximum moisture, reach for a night cream.

The Smoother