

Microneedling, Infini, Needle Infusion: Pre and Post Instructions

Pre Treatment

- If you have a history of cold sores, or prior use of **Accutane** please **DO** let the nurse or physician know.

Post Treatment

- **DO** wait until the next morning to apply makeup in treated areas.
- **DO** expect: potential bruising, redness, swelling or mild bumpiness lasting hours to up to a week, which can be covered with tinted sunscreen (ask us what we love!).
- **DO** wash twice a day with the gentle cleanser provided in the post procedure pack
- **DO** liberally apply post treatment healing BIAFINE as a bland moisturizer recommended at least twice a day.
- **DO NOT** vigorously rub the skin and **DO NOT** pick or use exfoliants, home masks, or a Clarisonic brush as this may cause scarring.
- Sun protection is critical. You should **NOT** have sun exposure; wear a broad spectrum sunscreen with a minimum of SPF 30. This includes driving to work. Obviously, do not use a tanning salon.
- **AVOID** other laser treatments, peels, waxing, the use of depilatories, or micro-dermabrasion for 3 weeks.
- **DO** wait 7 days before resuming the use of exfoliating agents, scrubs, or brushes.
- **DO NOT** wait 7 days to restart your regular skincare regimen including retinoid.
- If you were instructed to take an antiviral medication, prednisone, or antibiotics, **DO** complete the prescribed course.

Maximizing Benefits of Treatment

- The treatment creates microchannels in the skin—**DO** maximize your treatment results with recommended **immediate post-treatment skincare products** (that have been shown in published studies to boost collagen and improve radiance and pigment. This is key in **maximizing your investment towards glowing skin**.
- Schedule your next appointment as recommended because these treatments are most effective in a series.

We want you to have an outstanding result. If you have any questions or unexpected concerns, please call the office for assistance.